



# Carleton Community High School

*A Specialist Science and Mathematics School*



## GCSE Physical Education

### Practical

Students will continue to develop their practical skills in a range of sports. They will take part in a mock GCSE practical exam during the mock exam period which we will use as an estimated level to send to the exam board.

During their practical lessons students will also complete their final piece of coursework. This is the analysis of performance unit. This will take the form of a question and Answer session with their teacher about their chosen sport.

### Theory

Students will complete the following units of study:

Section 1.2 Your healthy, active body.

1. A healthy, active lifestyle and your cardiovascular system.
2. A healthy, active lifestyle and your respiratory system.
3. A healthy, active lifestyle and your muscular system.
4. A healthy, active lifestyle and your skeletal system.
5. Physical activity and your healthy mind and body.

Students will take a mock exam theory paper in early December. The practical scores, theory paper and controlled assessments completed in Year 10 will be combined to give a clear working at grade and help to identify areas for improvement.

### Final Assessments

#### Practical

The final practical assessment will take part in the first week after the Easter holidays; students will be assessed in all 4 of their practical activities and most will be seen by a visiting moderator. All students must wear full CCHS PE kit and bring 4 safety pins to attach their practical number to their kit. Long hair must be tied back. If a student fails to attend one of the sessions they will get 0 marks. If a student is ill or injured a Doctor's note is mandatory in order for any special circumstances to be considered. All students will receive a timetable of practical exam times 1 month before the exam. For students being assessed in activities outside of school PE staff will make individual appointments to come and formally assess them during the assessment window.

**NB. After the practical exam all GCSE PE lessons will be based on the theory exam.**

#### Theory

The final theory examination paper is usually in the week before May half term. It lasts 1 hour and 30 minutes and will include questions from the whole of the course.

The paper is in three parts:

**Part 1** – multiple choice questions

**Part 2** – short/recall answer questions

**Part 3** – longer answer questions

**Plus one revision sessions start on Friday 13<sup>th</sup> November, a letter has been sent home giving details of these.**

**Useful information for students and parents. <http://www.edexcel.com/I-AM-A/STUDENT/Pages/home.asp>.**

**If you have any question please feel free to contact any member of the PE Department at school.**